

1st Sunday of Lent

Entrance Antiphon: When he calls to me, I will answer; I will rescue him and give him honour. Long life and contentment will be his.

1st Reading: Genesis 9: 8-15

Psalm 24

Response: Your ways, Lord are faithfulness and love for those who keep your covenant.

1. Lord, make me know your ways. Lord, teach me your paths. Make me walk in your truth, and teach me; for you are God my saviour.. (R)

2. Remember your mercy, Lord, and the love you have shown from of old. In your love remember me, because of your goodness, O Lord.. (R)

3. The Lord is good and upright He shows the path to those who stray, he guides the humble in the right path; he teaches his way to the poor. (R)

2nd Reading: Peter 3: 18-22

Gospel Acclamation: Alleluia, alleluia! Man does not live on bread alone, but on every word that comes from the mouth of God. Alleluia!

Gospel: Mark 1: 12-15

Communion Antiphon: Man does not live on bread alone, but on every word that comes from the mouth of God.

QUOTE "The best penance is to have patience with the sorrows God permits. A very good penance is to dedicate oneself to fulfil the duties of everyday with exactitude and to study and work with all our strength."

St Peter Damian Feb 21st Feast Day

LENT ALMSGIVING, FASTING, PRAYER and CAFOD If you give £1 the UK Government will add a £1. That £2 can buy seeds for two families to grow beans. £10 becomes £20 for one family to grow vegetables for two years! £33 becomes £66 supplying two families with safe water. £85 helps two communities build toilets with hand washing facilities. Can you join the GIVE UP campaign this LENT? Give up what?

Your phone for one day so someone can have clean water?
Beef burgers, so communities can grow veggie gardens?.....etc

A Prayer Service for Prisoners of Conscience in The Catholic Church, Coleshill St., Flint on Sunday February 25th at 3pm. A Justice and Peace Stations of the Cross, with a time for Private Prayer followed by Benediction. Then we invite people to sign greetings cards for Prisoners of Conscience. All welcome.

The Diocesan **St Vincent De Paul** have just facilitated a new inter-parish group for Prestatyn, Rhyl and Abergele which begins to meet tomorrow, Monday 19th February at 7pm in St Teresa's Abergele.

This adds to our existing inter-parish cooperative work together. Our baptism and confirmation preparation programmes as the way forward for the future, when many pastoral and sacramental programmes will be done by parishes working together.

Women's World Day of Prayer will be hosted this year by the women of Sussex Street Christian Centre on March 2nd Friday 2pm—3.30pm. Prayer will focus on the small country of Suriname in South America, whose women have prepared the actual service. Refreshments. Parking reserved for blue Badge holders.



Our Lady of the Assumption Catholic Church

119 WELLINGTON ROAD, RHYL
DENBIGHSHIRE LL18 1LE

1st Sunday of Lent

18th February 2018

(reading cycle B, year of Mark's gospel)

Mass time

Mass Intention

SUNDAY	10.00 am - Mass for the People
MONDAY	- No service -
TUESDAY	9.30 am - Tony Richards RIP
WEDNESDAY	9.30 am - John Wallace
THURSDAY	9.30 am - Molly Britten RIP
	1.00 pm - Requiem Mass for Margaret Jones
FRIDAY	9.30 am - Francesca Gibson (Cerefice) and Deceased members of the Cerefice family
SATURDAY	10.00 am First Communion Preparation meeting
	No Holy Hour

Sacrament of Reconciliation Saturdays 10.30am-11.15am and on call.
Open Office Day Thursdays 9.00am—4.00pm

For all enquiries or sacraments see as below For **Baptism** tel 01745 354311
Please let Fr Charles know of anyone who is ill or housebound
Who would like to receive Holy Communion at home or the **Anointing of the Sick** for healing

Priest: Fr Charles Ramsay
Tel 01745 353395 email chas37free@gmail.com
Parish website: catholicchurchrhyl.co.uk

(Webmasters: Ernest Jones & Shane Owen
(webmaster@catholicchurchrhyl.co.uk)

Diocese of Wrexham Reg Charity no. 700426

Parish Finances: The church collection for Sunday, amounted to £523.49p of which £332.49p was 'loose' and £191p was Gift Aid. **second collection next Sunday is for your Family Fast Day donations.**

If you are a UK taxpayer, please remember to fill in the Gift Aid declaration as this enables CAFOD to claim an extra 25% on your donations. Donations made between 13 February (Shrove Tuesday) and 12 May will be matched by the UK Government, up to a total value of £5m. If we can all prepare for Family Fast Day many who are hungry or desolate will be helped. Pope Francis has asked that we make this a Day of Fasting and Prayer for Peace in the Democratic Republic of the Congo, South Sudan and all the World.

Hospital Chaplains on call:
Glan Clwyd: Mrs. Sheila Johnson, 01745 354311 /07717182557 Llandudno Hospital: Fr Moses Amune 01492 877353 Ysbyty Gwynedd; Bay Hospital: Fr Frank 01492 532670 group.

Many people enjoyed a superb Barn Dance in the church social area, last week organised by the excellent and hard-working **British Heart Foundation** team. They raised just over £1000 Congratulations to them.

The next **First Communion Preparation meeting** is on **Saturday, 24th February**, for parents/grandparents **AND** children, in the Church Hall at 10.00 am.

JOKE Lady (to her doctor): "What I am worried about is my height and not my weight."

Doctor: "How come?"

Lady: "According to my weight, my height should be 7 feet, 8 inches."

Ministers of the Word and Communion

On May 12th there will be a retreat day at St. Augustine's House of Prayer, Old Colwyn.- This is part of our commitment as Ministers that we need spend at least one day in the year in reflection of our Ministry. The retreat will be led by Ged Johnson, Spiritual Director at St. Beuno's, Tremeirchion. More details to follow at a later date.

On Sunday, 1st July, the recommissioning of the Ministers of the Eucharist and Word will take place during the 10.00 am Mass.

The **Sacrament of Confirmation** programme **Faith in Action** begins on Sunday 25th February 6.00pm – 7.00pm in church. Thanks to help from the Knights of St Columba the young people taking part will also have a chance to complete the John Paul 11 award, which, like the Princes Trust award, adds to your CV, but more important, helps to develop in you the seven gifts of the Holy Spirit. Thanks to Roy of the KSC and young teachers, Victoria and Chris who are helping to lead the programme.



"Dear Andy: How have you been?
Your mother and I are fine. We miss you.
Please sign off your computer and come downstairs for something to eat. Love, Dad."

Weekly Guide to Daily Prayer

This first week of Lent is the time we are given to begin our Lenten patterns, to re-align our priorities, and to make use of more reflective time each day. It is a time to fast and abstain from those things that hinder our relationship with the Lord, and to consider being more generous to the poor.

As we make this beginning, we are offered some beautiful instruction about what is expected of us. The readings describe a very Jesus-like I9ve. We can examine our care for the hungry, thirsty, naked, sick or imprisoned. We can reflect upon who in our lives needs us and whether we love them as we want to be loved. And we can look at the deeper things, like our relationships or how we treat others and our response to their needs.

What is most important this first week, beyond a sharper examination of our consciences, is to see this as a time for God's grace to work in us. So, it is a time to ask for the graces we are starting to see what we need and what needs to change.

We start to come to know that by asking for help and listening. With a little bit of reflection, most of us will begin to name things that make up our ordinary habits and ways of being who we are, that we aren't very proud of. Things we do and things we never get around to doing. We can feel the call to change our attitudes, our self-absorption, or our way of interacting with others.

Maybe I don't take God very seriously. I go to Church on Sunday and contribute my share, but I don't really take time to deal with my relationship with God. I might begin to name a number of self-indulgent habits. I may realize that I rarely, if ever, hear the cry of the poor, and can't remember when I've answered that

cry. It could be that dishonesty on all kinds of levels has become a way of life. One of the roadblocks in my relationship with God and others may be deep wounds or resentments from the past, things I continue to hold against others or myself.

Let us pray:

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord, Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever".

(From the Creighton Universities website, used with permission).

Stations of the Cross—Lent

Stations of the Cross will be said through Lent on Friday evenings, at 6.30 pm, as follows:

Friday, 16th Feb.	K.S.C.
Friday, 23rd Feb.	Iris Norcross and Val Gupta
Friday, 2nd March	Altar Servers
Friday, 9th March	Altar Servers
Friday, 16th March	U.C.M
Friday, 23rd March	Confirmation Group

The new **Rhyl Premier Inn** staff put on a **Fun Day** for local families last Friday in church and raised a big sum for Great Ormond Street children's hospital. Very successful with very large numbers from all over Rhyl.