

4th Sunday of Lent

Entrance Antiphon: Rejoice Jerusalem! Be glad for her, you who love her; rejoice with her, you who mourned for her, and you will find contentment at her consoling breasts.

1st Reading: Chronicles 36: 14-16 19-23

Psalm 136

Response: O let my tongue cleave to my mouth if I remember you not!

1. By the rivers of Babylon there we sat and wept, remembering Zion; on the poplars that grew there we hung up our harps. (R)

2. For it was there that they asked us, our captors, for songs, our oppressors, for joy. "Sing to us," they said, "one of Zion's songs". (R)

3. O how could we sing the song of the Lord on alien soil? If I forget you, Jerusalem, let my right hand wither!. (R)

4. O let my tongue cleave to my mouth if I remember you not, if I prize not Jerusalem above all my joys. (R)

2nd Reading Ephesians 2: 4-10

Gospel Acclamation: Alleluia, alleluia! God loved the world so much that he gave his only Son; everyone who believes in him has eternal life. Alleluia!

Gospel: John 3: 14-21

Communion Antiphon: To Jerusalem, that binds them together in unity, the tribes of the Lord go up to give him praise.

Please note: Office day next week will be Wednesday, 14th, instead of Thursday.

Towards a Culture of Safeguarding The Catholic Church in England and Wales is striving towards a culture of safeguarding where all are safe from harm and abuse and where every person is encouraged and enabled to enjoy the fullness of life in Jesus Christ through the prayerful, caring, nurturing, supportive and protective endeavours of the Catholic community, both individually and collectively.

Living a Culture of Safeguarding This commitment calls the whole Church to live the values and principles, which are already implicit in the nature of the Church and its mission, as the authentic witness to the message of the gospels. Whilst all members of the Church have a role to play in promoting a culture of safeguarding, clear leadership is crucial. Bishops and Congregation Leaders need to be vigilant in exercising their ministry of leadership, ensuring that a culture of safeguarding is both understood and embraced by the whole Church. In order to recreate a safe and nurturing environment and deepen (or where necessary rebuild) trust there needs to be a culture of:

- Openness & Transparency
 - Love & Respect
 - Responsibility & Accountability
 - Compassion & Support
 - Justice & Integrity
 - Honesty & Humility
 - Questioning & Challenging
 - Learning & Changing
- from the National CSAS website.

Ministers of the Word

For those Ministers of the Word who will be available to take part in the readings for Easter services, please give your name to Sheila a.s.a.p. Many thanks.



Our Lady of the Assumption Catholic Church

119 WELLINGTON ROAD, RHYL
DENBIGHSHIRE LL18 1LE

4th Sunday of Lent Laetare (Rejoicing) Sunday

11th March 2018

(reading cycle B, year of Mark's gospel)

Mass time Mass Intention

SUNDAY	10.00 am - Mass for the People
MONDAY	- No service -
TUESDAY	9.30 am - Kieran Quinn RIP
WEDNESDAY	9.30 am - Emily Lees
THURSDAY	9.30 am - John Wallace RIP
FRIDAY	9.30 am - Haritha intentions

SATURDAY

No Holy Hour

Sacrament of Reconciliation Saturdays 10.30am-11.15am and on call.
Open Office Day Thursdays 9.00am—4.00pm

For all enquiries or sacraments see as below For **Baptism** tel 01745 354311

Please let Fr Charles know of anyone who is ill or housebound
Who would like to receive Holy Communion at home or the **Anointing of the Sick** for healing

Priest: Fr Charles Ramsay
Tel 01745 353395 email chas37free@gmail.com
Parish website: catholicchurchrhyll.co.uk

(Webmasters: Ernest Jones & Shane Owen
(webmaster@catholicchurchrhyll.co.uk)

Diocese of Wrexham Reg Charity no. 700426

Parish Finances: The church collection for Sunday, 18th February amounted to £590.90p of which £310.40p was 'loose' and £280.50p was Gift Aid, and for Sunday 25th February, £478.72, £230.72 'loose' and £248.00 Gift Aid. The CAFOD collection totalled £344.26p. Many thanks.

Hospital Chaplains on call:

Glan Clwyd: Mrs. Sheila Johnson, 01745 354311 /07717182557 Llandudno Hospital: Fr Moses Amune 01492 877353 Ysbty Gwynedd; Bay Hospital: Fr Frank 01492 532670 group.

Situations Vacant. At 4thcommunity we need someone to enter invoices and payments, to keep our accounts in good order, for probably an hour a week. If you can help please see Fr Charles.

Stations of the Cross—Lent

Stations of the Cross will be said through Lent on Friday evenings, at 6.30 pm, as follows:

Friday, 16th March	U.C.M
Friday, 23rd March	Confirmation Group

Lent Reconciliation Services

Celebration of the Sacrament of First Reconciliation:
Wednesday, 21st March, 7.00 pm.
Saturday, 24th March, 10.30 am.

YSGOL MAIR NURSERY PLACES

If your child will be three years old on or before 31st August, 2018, you are invited to apply for a nursery place for next September. Please contact the school for an application form on 01745 350762

Need some help reading the bible ?

Try **Word on the Go**

www.wordonthego.org is an exciting new website which helps Catholics like you to: Build the Bible into your busy life. Deepen your faith and spirituality. Experience Scripture anytime and anywhere.

Coffee Afternoon ... to help specialist dementia nurses to support families.

On Saturday 17th March 2018 at 2.00pm. At the home of Sandra Hughes, 59 Bryn Cwnin Rd, Rhyl .

Chairs and Tables in parish centre. Please store in disabled toilet store room. Space by bar should be kept clear for children's liturgy group.

JOKE Mary comes home rather late. "Oh, sweetheart," she called, "your car's on Maple Street."
"Why didn't you bring it home?" her husband asked. "Couldn't, she said. "It's too dark out there to find all the parts."



Weekly Guide to Daily Prayer

What if I'm at the mid-point of Lent and not much is going on? I began with the best of intentions but I am not sure what I'm doing or what I want to be doing. Can my Lent be rescued? Can a six-week journey be completed in the remaining two or three weeks - waiting for my heart to be open? Of course, the answer is "Yes". It doesn't take long for God, when we are ready.

Even if it hasn't been easy to get really engaged with Lent so far, we can still make a beginning, even now. The key is openness and desire. If we can feel any attraction, any sign that the Lord is possibly drawing us, then the Lord can work with us - no matter what resistance or fear we might also be experiencing. All we have to do is to act out of these desires and simply ask the Lord for the grace to help us be more honest and more open to what he is offering us. For example, we can ask for the grace to examine our consciences more thoroughly. We could try a different approach to facing any resistance we might have to the Lord's working in us. We might not commit the big sins, but we may not have examined what we fail to do. Who am I failing to love, to forgive, to be generous to? From whom am I withholding affection, care, reconciliation? Where can I live more honestly, with more integrity? How might I proactively change my own personal patterns of escape with patterns of care for others?

It is a time of grace when we can experience moments of recognition or self-understanding. But it is not a grace to beat up on ourselves or become self-absorbed in our own guilt. It is grace to

feel grateful to the Lord for showing us obstacles to the life he is offering us. It is grace to feel our spirits lighten as we feel drawn to greater freedom and peace. It is incredible grace when we are drawn to celebrate the Sacrament of Reconciliation. This week, let us give thanks to the Lord who deeply desires our greater freedom and joy.

(From the Creighton universities website - used with permission)

From 4tc Sadly in our current climate many people are forced to turn Food Banks as a way of life and recent research has shown that many women and young girls are struggling to afford female hygiene products that are an absolute necessity. We at 4TC recognise that this is an issue and so we have set up **The Moon Time Project**. The project's aim is to make that time of the month less of a burden for those Women. We plan to have set times where discreet Moon Packs can be collected free of charge for those that need them. We are appealing to members of our local community to be kind enough to donate the following products at one of our drop off points. We are hoping to gain a stock of Sanitary products Tampons Pads etc. Deodorant, Shower gel, Moisturiser, Shampoo, Conditioner, Tooth Paste, Tooth Brushes and Hair Brushes. We have set up a couple of drop off points already in the community and hope to expand on this with others in the community offering to have one of our donation boxes on their premises. Our current drop off Points are St Marys Church and The Community House Wellington Road Rhyl and Charovskis nail Salon Wellington Road Rhyl. If anyone would be kind enough to help with more drop off points please let me know. Thank you in advance Jayne Marie Katy x"