

21st Sunday of the Year

Entrance Antiphon: Listen Lord, and answer me. Save your servant who trusts in you. I call on you all day long, have mercy on me, O Lord.

First Reading: Joshua 24: 1-2 15-18

Psalms 33 Response: Taste and see that the Lord is good.

1. I will bless the Lord at all times, his praise always on my lips. In the Lord my soul shall make its boast. The humble shall hear and be glad. (R)

2. The Lord turns his face against the wicked to destroy their remembrance from the earth. The Lord turns his eyes to the just and his ears to their appeal. (R)

3. They call and the Lord hears and rescues them in all their distress. The Lord is close to the broken-hearted; those whose spirit is crushed he will save. (R)

4. Many are the trials of the just man but from them all the Lord will rescue him. He will keep guard over all his bones, not one of his bones shall be broken. (R)

5. Evil brings death to the wicked; those who hate the good are doomed; The Lord ransoms the souls of his servants; Those who hide in him shall not be condemned. (R)

2nd Reading: Ephesians 5: 21-32

Gospel Acclamation: Alleluia, alleluia! Your words are spirit, Lord, and they are life. You have the message of eternal life. Alleluia!
Gospel: John 6: 60-69

Communion Antiphon: Lord, the earth is filled with your gift from heaven; man grows bread from earth, and wine to cheer his heart.

SVP COFFEE AFTERNOON at Our Lady of the Assumption church, Rhyl
2pm - 4pm Saturday 22nd September
Price £3 Tickets will be available after Mass today. There will be coffee, tea and biscuits. Raffle and a Name of the Teddy.

Your prayers are asked for the repose of the soul of **Susan Bernadette Evans** who sadly died this week. Funeral details to follow.

HOLIDAYS August sees so many comings and goings with people off on holiday. As everyone's routine changes a bit it's possible for some of the vulnerable in our parish to be overlooked: the person you usually see down at the shops, the pensioner collecting her money at the post office, the man with the dog at the park...Keep an eye out for each other!

Holidays are one of the best tonics we can have. A change of scenery, a taste of different food and a couple of weeks in another setting can do wonders for our regeneration. And of course, we don't even have to go away to have a holiday.

All we have to ensure is that we take a break from the usual routine, from the things which normally occupy our time. Recreation isn't simply about lying on a beach. It can be about climbing mountains or walking till we drop. Recreation means creating again, and positive recreation means any form of activity, strenuous or relaxing, which recharges our batteries and makes us once again able to function on all pistons.

So whether you go away or stay at home, keep your eyes open!



Our Lady of the Assumption Catholic Church

119 WELLINGTON ROAD, RHYL
DENBIGHSHIRE

21st Sunday of the Year
Sunday 26th August
(reading cycle B, year of Mark's gospel)

Mass time

Mass Intention

SUNDAY	10.00 am - Mass for the People
MONDAY	- No service -
TUESDAY	9.30 am - Mary Harrison RIP
WEDNESDAY	11.15 am - Funeral Mass for Capt. Brian McManus
THURSDAY	9.30 am - Whelan and Curtis families
FRIDAY	9.30 am - Special intention
SATURDAY	10.30 am Holy Hour with morning prayer of the Church Sacrament of Reconciliation is available at this time.
SUNDAY	10.00 am - Mass for the People

Sacrament of Reconciliation After Mass daily and also Saturdays 10.30am-11.15am and on call
Open Office Day Thursdays 9.00am - 4.00pm

For all enquiries or sacraments see as below For **Baptism** tel 01745 354311

Please let Fr Charles know of anyone who is ill or housebound who would like to receive Holy Communion at home or the **Anointing of the Sick** for healing

Priest: Fr Charles Ramsay
Tel 01745 353395 email chas37free@gmail.com
Parish website: catholicchurchrhyl.co.uk

(Webmaster: Ernest Jones
(webmaster@catholicchurchrhyl.co.uk)

Diocese of Wrexham Reg Charity No. 700426

Parish Finances: The church collection for Sunday 19th August amounted to £408.06p of which £214.06p was 'loose' and £194.00p was Gift Aid.

Last week's retiring collection for victims of the **Kerala, India Flood Disaster** raised £387.47p. Thank you for your generosity so far and for those still wishing to contribute there is a further **second collection** this Sunday.

Jesna and Varsha: we would like to thank everyone who helped raise this much for our State. It means a lot to us and our family and friends.

A small group is now organising a family Fast Day where they will serve homemade Indian food. The theme of Family Fast Day is to share God's abundance by having a simple meal, and donating what is saved to various donations such as:

- <https://donation.cmdrf.kerala.gov.in>
- <https://www.amazon.in/b?ie=UTF8&node=8891257031>
- <https://cafod.org.uk/>
- <https://www.actionaid.org.uk/>

Or you can give the money to us and we can donate it on your behalf.



Hospital Chaplains on call:
Glan Clwyd: Mrs. Sheila Johnson, 01745 354311 /07717182557 Llandudno Hospital: Fr Moses Amune 01492 877353 Ysbyty Gwynedd; Bay Hospital: Fr Frank 01492 532670

The Annual Service of **Healing** will be held on Thursday, 20th September, at 3.00 pm. With afternoon tea to follow.

Fathers Roger Dawson and Dermot O'Connor will be present with Father Charles. Should you require transport, please contact Sheila Johnson on 354311, who will arrange.

Anyone who can't attend the [National Eucharistic Congress](#) in Liverpool (7-9 September 2018) will be most warmly welcome at this Day of Prayer before the Blessed Sacrament on Saturday 8th September, at the Church of Our Lady of the Rosary, Jubilee Road, Buckley, CH7 2AF. Please stay for as little or as long as you can. Prayerful guidance will be offered at 11am, 1pm, 2.30pm and 4pm (each with a different reflection). The day will end with Mass of the Sunday at 6pm.

Tea, coffee and light refreshments will be available throughout the day, from 10.30 am onwards.

St Beuno's Outreach team
saintbeunosoutreach@gmail.com



Weekly Guide to Daily Prayer

We pray through our everyday life this week, with the image in the background of our consciousness that Jesus offers us intimacy with him and gives us life.

Like physical exercises which build strength and stamina, the exercises for finding intimacy with God in our everyday lives involve practice. Nobody ever got good at soccer or baseball, running or dancing without careful practice that becomes a habit, a way of life. And no one even attempts such a regime without great desire. The same is true with having a better relationship with our Lord. It takes great desire to sustain a routine of reflection and affective, intimate conversation. Such prayerful focus and connectedness takes discipline, but it quickly becomes natural. And the rewards are phenomenal.

We can practice this week by asking ourselves some deep questions in the background of our life each day. Beginning each day by briefly expressing a desire to be more self-aware and transparent with our Lord, we can ask ourselves some probing questions.

In some ways, am I a hypocrite? How do I use a double standard - harsher on others than I am on myself? Do I like to appear as a religious person, but actually lack mercy and deeds of charity? Am I a good steward of the gifts with which God has entrusted me?

As I grow in the ability to reflect throughout the day, I might try to recognize my inner spirit, my attitudes, the ways I respond to others. It is a way of staying alert and places me with my Lord in conversation, in the background as I make decisions, as I experience my reactions to events and people. Sometimes, I might just be saying "Thank you, Lord",

expressing gratitude for what I've been given. At other times that will quickly turn to a reflection on how I will be a good steward of those gifts. Hearing the readings this week, I might want to monitor how my fears or my laziness might prevent me from being bold about using the gifts the Lord has given me to build up the Kingdom in my world..

Preparing for celebrating God's love on Sunday, I can focus on the readings and ask to be more humble in my life. Who is "the poor, the crippled, the lame" person who needs to be invited more deeply into my life?"

Let us pray:

Help me Lord to hear your word to me, even when it challenges me. Open my heart and guide me to use my talents to serve you as you deserve. Teach me to be generous, Lord. Amen.

Used with permission from the Creighton Online Ministries website..

TWENTYFIRST SUNDAY QUOTE

We have become so convinced that we have all sorts of rights that no one has the authority to take away, like the right to offend others but not be offended by them, the right to free healthcare and prescriptions, a right to not be bothered by someone smoking a cigarette, and so on. All these supposed "rights" lead us to an entitlement mentality by which we have actually become convinced that we are entitled to be in Heaven because God created us and that, whether we believe in him or not, he is obligated to let us be in there because we think it would be wrong for him to not let us in. And since we think Heaven is OK, but Hell is wrong, God is not allowed to have a Hell, but if he decides to have one anyway, he is forbidden by human sensibilities from ever sending us there.

(Austin Mansfield)